**Table I. Classification of hypertension**

|  |  |  |
| --- | --- | --- |
|  | **Europe: ESC & ESH**  **Systolic &/or Diastolic** | **USA: JNC7**  **Systolic or Diastolic** |
| **Normal** | < 129                       < 84 | < 120                  < 80 |
| **High normal**  **Prehypertension** | 130-139                   84-89  NA | NA  120-139                  80-89 |
| **Grade 1** | 140-159                   90-99 | 140-159                  90-99 |
| **Grade 2** | 160-179                   100-109 | NA |
| **Grade 3** | ≥ 180                       ≥110 | ≥ 160                       ≥100 |